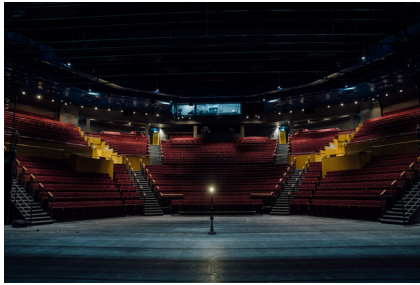




YOUR FAVOURITE PLACE – A CREATIVE WRITING TASK



Our Empty Theatres, Leeds Playhouse. Photograph by Helen Murray.

- Find a quiet space, set a timer for 3 minutes, and think about your favourite place. It can be real or imaginary, somewhere you've been many times, or somewhere you've only heard about. Really try to imagine that place in detail until the 3 minutes are up.

- Now using your **notebook** and **pen**, write a short piece of descriptive writing about that place. Try to write for as long as it takes to listen to your 3 favourite songs.

TIP: Aim to write 4 paragraphs. The first should be an overall view of the place; the second focus on a few of the aspects of the space; the third can zoom in on some tiny detail, and the final paragraph should think about how you feel when you are in this place.

AMAZING IF: You remember to use the tools for descriptive writing! Tick off any you use:

- The 5 senses
- Colour and shade
- Adjectives
- Adverbs
- Alliteration
- Similes
- Metaphors
- Personification
- Onomatopoeia
- Pathetic Fallacy
- Emotion

WHY WE WEAR A MASK – A DESIGN TASK



Anwar Russell, Iain Johnstone and Cora Kirk in *The Lion, The Witch and The Wardrobe*. Photograph by Brinkhoff/ Moegenburg.

- Find a quiet space, set a timer for 3 minutes, and think about the word 'mask'. What does the word mean to you? Using your **notebook** and **pen**, write as many words, ideas, or connotations down that you can when you think of a 'mask'. It can be a list or a brainstorm. Write until the 3 minutes are up.

- Now set the timer again for 3 minutes, and think about the word 'identity'. What does the word mean to you? Write down as many words, ideas, or connotations of the word that you can think. It can be a list or a brainstorm. Write until the 3 minutes are up.

- Read back through both lists and circle the 5 words that stand out most to you on each list.

- Take the **mask** from your kit, and using those 5 words as inspiration, transform your mask. Then use the **craft resources** of your kit to decorate your mask.

TIP: Draw it first in your notebook to plan what your mask will look like.

AMAZING IF: You can wear your mask when you do your '**Body, Mind and Space**' performance.

BODY, MIND AND SPACE – A PHYSICAL TASK



Polly Lister (Wicked Witch of the West) in the Wizard of Oz at Leeds Playhouse. Photograph by The Other Richard.

- Find a quiet space where you can sit down, set a timer for 3 minutes, and close your eyes. Breathe in through your nose and out through your mouth, allowing your breathing to find its natural rhythm. Let go of any distractions as you breathe out. Notice how your body feels. Notice where there is a sense of energy, lightness, heaviness, discomfort. Be aware of your body.
- Now, imagine you are about to enter your favourite place: How would you arrive in your place? What effect does the place have on your body? Are you relaxed and content, or alert and agile? How would you stand in the space? What mood do you want to convey in this place?
- And then how would you move around the space? Would you crawl, skip, march? How do you interact with the space and use it? Include at least 3 clear gestures, and think about adding some pauses into your movements at key moments.

TIP: Use your descriptive writing from ‘Your Favourite Place’ task to help you imagine your favourite place.

AMAZING IF: You can create a 30-second performance of arriving in your favourite place and moving around it. Show your audience what your favourite place is like by physically being in it.